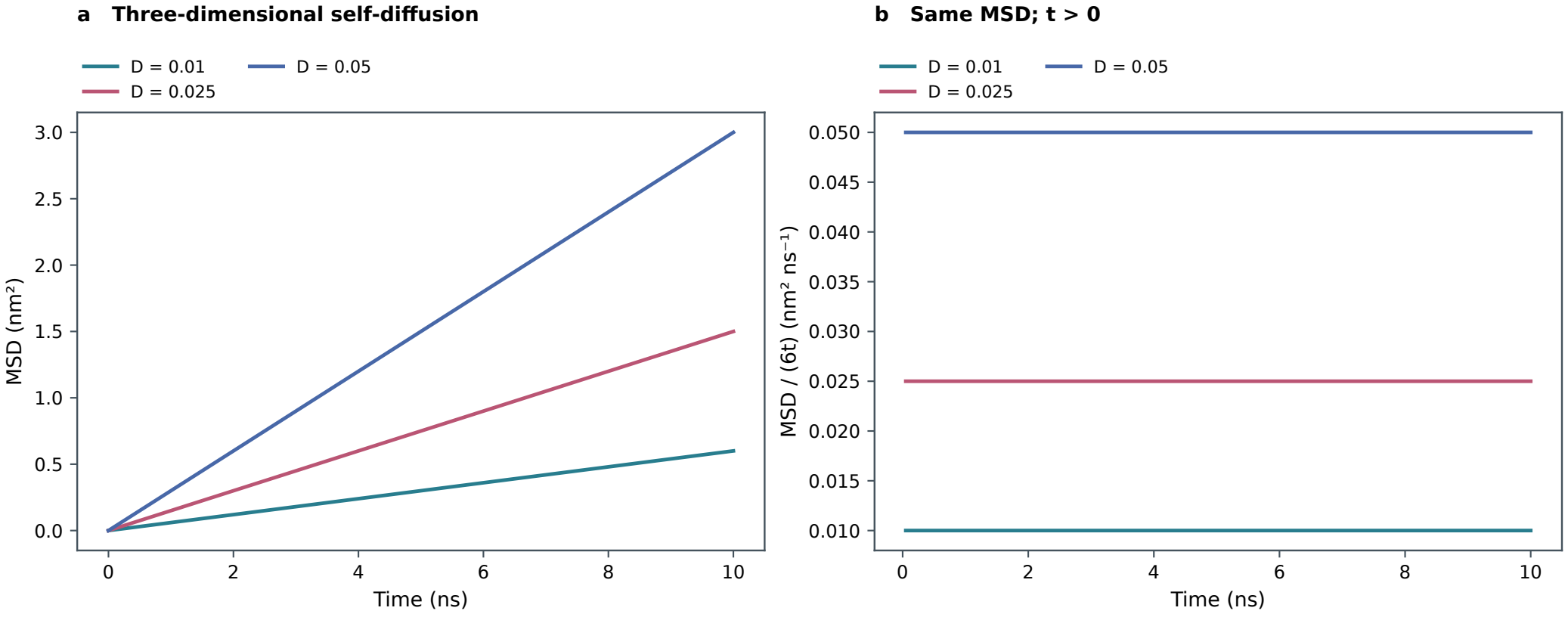

a Three-dimensional self-diffusion
D = 0.01
D = 0.05
D = 0.025
MSD (nm²)
Time (ns)
b Same MSD; t > 0
D = 0.01
D = 0.05
D = 0.025
MSD / (6t) (nm² ns⁻¹)
Time (ns)